



Statement of Intent for PE

Intent

At Southbroom Infant School the intent of teaching PE is to give children the tools and understanding required to make a positive impact in their own physical health and well-being. We want to give all children opportunities to experience a wide variety of sports and physical skills which will enhance life-long fitness and life choices. PE can challenge and promote self-esteem through the development of physical confidence and problem solving. It can teach children to cope with both success and failure in a competitive, individual and team based physical activities. Within dance it will allow children to explore their personal and creative identity.

Implementation

PE at Southbroom Infant School is taught by a combination of class teachers, PE specialists and qualified sports coaches. Children have equal opportunities to take part in a range of sports and physical activities within a supportive environment where effort as well as success is recognised. Children are encouraged to participate in exercise throughout the day during PE lessons, outdoor learning, lunch provision and special events.

At Southbroom Infant School the PE curriculum is structured to provide a range of sports experiences during which every child participates to develop their skills, vocabulary and learning through competitive, team and individual sports. Through our provision, children can aim to flourish at sports in which they have a particular interest or flair for. Children with additional needs are provided with appropriate support to enable them to take part and gain confidence in skills, understanding and motivation. Our values are intrinsic in helping to build an ethos of good sportsmanship throughout all of our sporting activities, whether during PE session or out in the playground.

Children gain experience of a variety of fundamental skills. This has a focus on agility, balance co-ordination and fitness. Children take part in individual skills, group skills and team games, using PE equipment appropriate for their age. In Year 2, children have a swimming lesson every week taught by a qualified swimming instructor. In Year 1, children have a bikeability session every week taught by a qualified cycling instructor. In EYFS the children have a weekly Yoga session with a Yoga instructor.